



New Jersey Crisis Resources Parents and Guardians

New Jersey State Funded Programs

Performcare

1-877-652-7624
Performcarenj.org

PerformCare provides youths and their families with the services, resources, tools, and support they need to optimally participate in treatment within their homes, schools, and community settings. PerformCare provides the avenue for families to request clinically appropriate, needs-based services with a single phone call any time of the day or night including mobile response.

Family Crisis Intervention Program

Family Crisis Intervention Program (FCIP): short-term crisis stabilization and counseling services for children and their families. Provides counseling to youth and families impacted by domestic violence, parent-child conflict and/or juvenile delinquency. Each county has a different provider.

Psychiatric Emergency Screening Center

State-designated emergency screening services in the Emergency Rooms. Crisis intervention, stabilization and treatment are all provided. Mobile outreach to all area residents experiencing acute psychiatric distress and traumatic incident debriefing are provided as well. Services can be accessed through the PESS Department by calling toll free 866.904.4474. For a complete listing of PESS services by county please visit: www.state.nj.us/humanservices/dmhas/home/hotlines/MH_Screening_Centers.pdf

Suicide Prevention and Crisis Resources

2nd Floor Youth Help Line (Call or Text)

888.222.2228
www.2ndfloor.org

NJ Hopeline

855.654.6735

NJ Caring Crisis Hotline

Text "CWC" to 839863
call 908.232.2880

Crisis Text Line

Text "HOME" to 741-741

National Suicide Prevention Lifeline

800.273.8255
www.suicidepreventionlifeline.org

Boys Town National Hotline (for all youth)

800.448.3000

Addiction and Substance Abuse Resources

Addiction Hotline of NJ

800.238.2333

Al-Anon/Alateen

888.425.2666

NJ Connect for Recovery

855.562.3737

NJ Quitline

866.NJ.STOPS

LGBTQ+ Resources

Garden State Equality

www.gardenstateequality.org

The Trevor Project (LGBTQ+ Support)

866.488.7386
www.thetrevorproject.org
Text "START" to 678678

In any emergency situation please call 911 or visit your local emergency room.

Family and Domestic Services

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| Runaway Hotline | 800.786.2929 |
| Catholic Charities | 800.360.7711 |
| National Child Abuse Hotline | 800.422.4453 |
| NJ Department of Children & Families | 877.652.2873 |
| 180 Turning Lives Around (Sexual Assault) | 888.264.7273 |
| American Anorexia/Bulimia Association of NJ | 800.931.2237 |
| NJ AIDS/ATD Hotline | 800.624.2377 |

Online Resources

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| Society for the Prevention of Teen Suicide | www.sptsusa.org |
| Substance Use & Mental Health Services Administration | www.samhsa.gov |
| Centers for Disease Control | www.cdc.gov |
| American Academy of Pediatrics | www.aap.org |
| Child Mind Institute | www.childmind.org |
| National Alliance on Mental Illness | www.nami.org |
| American Association of Suicidology | www.suicidology.org |
| American Foundation for Suicide Prevention | www.afsp.org |
| Suicide is Different | www.suicideisdifferent.org |
| Psychology Today (find a therapist) | www.psychologytoday.com |
| Your Life Your Voice from BoysTown | www.yourlifeyourvoice.org |
| The Trevor Project | www.thetrevorproject.org |

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