New Jersey Crisis Resources Students

Helplines and Hotlines

2nd Floor Youth Helpline (NJ Specific)

If you are between the ages of 10 and 24, live in New Jersey, and need to talk about an issue or problem that you are facing call or text anytime 888-222-2228





Text Home to 741-741





Addiction and Substance Abuse Resources

Addiction Hotline of NJ	800.238.2333
Al-Anon/Alateen	888.425.2666
NJ Connect for Recovery	855.562.3737
NJ Quitline	866.NJ.STOPS

LGBTQ+ Resources

Garden State Equality Trans Lifeline True Colors United The Trevor Project (LGBTQ+ Support)

www.gardenstateequality.org 877.565.8860 212.461.4401 866.488.7386 Text "START" to 678678 www.thetrevorproject.org

Family and Domestic Services

Runaway Hotline	800.786.2929
Catholic Charities	800.360.7711
National Child Abuse Hotline	800.422.4453
180 Turning Lives Around (Sexual Assault)	888.264.7273
American Anorexia/Bulimia Association of NJ	800.931.2237
NJ AIDS/ATD Hotline	800.624.2377

In any emergency situation please call 911 or visit your local emergency room.