

Society for the Prevention of Teen Suicide with KYDS present

# HEALING *in the collective*

Healing in the Collective topics include:

- understand youth of color & cultural context
- engagement with at-risk youth
- confidentiality and trust
- warning signs & risk factors
- protective factors
- resources
- taking action
- practical skills for co-regulation & holistic wellness



**THURSDAY, MAY 1ST**



**5:30PM - 7:30PM**



**KONSCIOUS  
COMMUNITY CENTER**

*631 Lake Ave. Asbury Park, NJ*

Konscious Youth Development & Service (KYDS) is a 501c3 non-profit conscious youth development organization that transforms Youth, Schools and communities through holistic practices.



[www.konscious.org](http://www.konscious.org)

SPTS is dedicated to increasing awareness, saving lives and reducing the stigma of suicide through specialized training programs & mental health resources that empower students, parents, school staff and community members with the skills needed to help youth build a life of resiliency.



[www.sptsusa.org](http://www.sptsusa.org)

This training is made possible through funding from Monmouth County Department of Health and Human Services, Division of Child and Youth Services.